**BOLTON COMMUNITY PRACTICE**

**PATIENT ADVISORY GROUP (PAG)**

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**Patient Contact Details**

A number of emails sent recently from the practice to individual patients have bounced back. Please check that your home address, telephone number and email address are up to date on your medical record.

**Birth Registrations**

New parents - Congratulations! You can now register the birth of your child again in Bolton **this is by appointment only**

*To book an appointment please ring* ***01204 331185***

**With the easing of lockdown, the rules and regulations are changing very quickly. To help you stay up to date BCP have put together some services which you may find useful.**

**Living with Covid 19**

**What you can and can’t do after 4th July**

The Government has put together online guides and information, including the most frequently asked questions (FAQs) on what you can and can’t do during the coronavirus outbreak.

Have a look here**:**[Link to Gov.UK](https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do)

**Staying safe outside**

As we begin to emerge from the lockdown we will be spending more time outdoors. It is really important to continue to observe social distancing and you can find a guide about staying safe from Gov.UK: [Link to Gov.UK](https://www.gov.uk/government/publications/staying-safe-outside-your-home/staying-safe-outside-your-home)

**Test and Trace - Save the number!**

With Test and Trace becoming a fundamental part of the easing of lockdown restrictions, you may be contacted and asked to isolate if you have been in contact with someone who has, or is showing, symptoms of Corvid-19. Please stay alert and be on the lookout for possible scams related to the Test and Trace service.

You can protect yourself and others, by saving the following Track and Trace number in your phone.

**0300 013 5000**

This is the only number that will call you if you are being asked to self-isolate.

Those working for the official Test and Trace scheme will never ask you for any payment information, passwords or PIN numbers, nor will they ask you to buy a product or call a premium rate number.

**Bolton at Home – Helping Residents**

Bolton at Home have been in touch and just wanted to remind residents that they’re there to help if you need their support. They can help with a number of issues you may be facing:

-      Help with money matters

-      Universal credit advice

-      Worried about abuse

-      Repairs & safety checks

-      Older people support

-      Vulnerable people support

*All support is available through calling:* ***01204 328000.***

**The Bolton Community Response Line**

For people needing help with shopping for food and other essential items, The Bolton Community Response Line is offering vital help to people who need food or essential items.

***Tel.No: 01204 337221*** Monday-Friday 8.30am-5.30pm and Saturday 9am-1.30pm.

**BCP Contact details (01204 463444)**

BCP website:

<https://www.boltoncommunitypractice.nhs.uk/>

BCP email:

bolton.communitypractice@nhs.net

**PAG Contact details**

PAG website:

<http://bcpcicpag.co.uk/>

PAG email:

bcp.cic.pag@gmail.com